

Trauma-Informed Care Training Schedule

43 sessions · 14 topics · Virtual & In-Person · July 2026 – March 2027

In partnership with DCFS, ICOY's Resource & Development Team offers the following Trauma-Informed Care training sessions for FY 2027. Use this schedule to identify sessions that work for your team. All sessions require registration. Virtual sessions include a Zoom link upon confirmation. In-person sessions require advance registration, space is limited. To register for any session, sign up at <https://www.icoyouth.org/upcoming-events/>.

☐ Virtual ☐ In-Person (advance registration required)

DATE	TIME	TRAINING TOPIC	MODE	HRS
JULY 2026 · 5 sessions				
Jul 9 Thursday	10:00 AM – 12:00 PM	Poverty and Trauma All Staff + Direct-Service	Virtual	2 hrs
Jul 16 Thursday	10:30 AM – 1:30 PM	Youth and Family Engagement: From Participation to Partnership Direct Service Staff	In-Person	3 hrs
Jul 24 Friday	9:00 AM – 11:00 AM	De-escalation: A Strengths-Based Approach All Staff Levels	Virtual	2 hrs
Jul 30 Thursday	1:00 PM – 3:00 PM	The Impact of Substance Misuse on Family Systems All Staff Levels	Virtual	2 hrs
Jul 31 Friday	9:00 AM – 11:00 AM	Vicarious Trauma and Fostering Resilience All Staff + Leadership	Virtual	2 hrs
AUGUST 2026 · 4 sessions				
Aug 7 Friday	10:00 AM – 12:30 PM	Trauma and Juvenile Delinquency All Staff Levels	Virtual	2.5 hrs
Aug 20 Thursday	10:30 AM – 1:30 PM	Navigating Grief All Staff Levels	In-Person	3 hrs
Aug 27 Thursday	1:00 PM – 3:00 PM	Caring for the Carer: Beyond Self-Care All Staff + Direct-Service	Virtual	2 hrs
Aug 28 Friday	10:00 AM – 12:00 PM	Building a Trauma-Informed Organization All Staff + Leadership	Virtual	2 hrs
SEPTEMBER 2026 · 5 sessions				
Sep 3 Thursday	10:00 AM – 12:30 PM	The Impact of Trauma on Youth All Staff + Direct-Service	Virtual	2.5 hrs
Sep 11 Friday	9:00 AM – 10:30 AM	Complex Trauma and Human Trafficking All Staff + Direct-Service	Virtual	1.5 hrs
Sep 17 Thursday	10:30 AM – 1:30 PM	Community Trauma and Resiliency All Staff Levels	In-Person	3 hrs
Sep 24 Thursday	1:00 PM – 3:00 PM	LGBTQ+ Youth Mental Health & Suicide Prevention All Staff Levels	Virtual	2 hrs
Sep 25 Friday	9:00 AM – 11:00 AM	Intergenerational Trauma and Development All Staff + Direct-Service	Virtual	2 hrs

Q2 FY27

October – December 2026 · 14 sessions

☐ Virtual ☐ In-Person

DATE	TIME	TRAINING TOPIC	MODE	HRS
OCTOBER 2026 · 5 sessions				
Oct 8 Thursday	10:00 AM – 12:00 PM	Poverty and Trauma All Staff + Direct-Service	Virtual	2 hrs
Oct 15 Thursday	10:30 AM – 1:30 PM	Youth and Family Engagement: From Participation to Partnership Direct Service Staff	In-Person	3 hrs
Oct 22 Thursday	1:00 PM – 3:00 PM	De-escalation: A Strengths-Based Approach All Staff Levels	Virtual	2 hrs
Oct 23 Friday	9:00 AM – 11:00 AM	The Impact of Substance Misuse on Family Systems All Staff Levels	Virtual	2 hrs
Oct 29 Thursday	1:00 PM – 3:00 PM	Vicarious Trauma and Fostering Resilience All Staff + Leadership	Virtual	2 hrs
NOVEMBER 2026 · 5 sessions				
Nov 5 Thursday	10:00 AM – 12:30 PM	Trauma and Juvenile Delinquency All Staff Levels	Virtual	2.5 hrs
Nov 6 Friday	9:00 AM – 11:00 AM	Caring for the Carer: Beyond Self-Care All Staff + Direct-Service	Virtual	2 hrs
Nov 12 Thursday	1:00 PM – 3:00 PM	Building a Trauma-Informed Organization All Staff + Leadership	Virtual	2 hrs
Nov 13 Friday	10:00 AM – 12:30 PM	The Impact of Trauma on Youth All Staff + Direct-Service	Virtual	2.5 hrs
Nov 19 Thursday	10:30 AM – 1:30 PM	Navigating Grief All Staff Levels	In-Person	3 hrs
DECEMBER 2026 · 4 sessions				
Dec 3 Thursday	10:30 AM – 12:00 PM	Complex Trauma and Human Trafficking All Staff + Direct-Service	Virtual	1.5 hrs
Dec 4 Friday	9:00 AM – 11:00 AM	LGBTQ+ Youth Mental Health & Suicide Prevention All Staff Levels	Virtual	2 hrs
Dec 10 Thursday	1:00 PM – 3:00 PM	Intergenerational Trauma and Development All Staff + Direct-Service	Virtual	2 hrs
Dec 17 Thursday	10:30 AM – 1:30 PM	Community Trauma and Resiliency All Staff Levels	In-Person	3 hrs

Q3 FY27

January – March 2027 · 15 sessions

☐ Virtual ☐ In-Person

DATE	TIME	TRAINING TOPIC	MODE	HRS
JANUARY 2027 · 5 sessions				
Jan 7 Thursday	10:00 AM – 12:00 PM	Poverty and Trauma All Staff + Direct-Service	Virtual	2 hrs
Jan 8 Friday	9:00 AM – 11:00 AM	De-escalation: A Strengths-Based Approach All Staff Levels	Virtual	2 hrs
Jan 14 Thursday	1:00 PM – 3:00 PM	The Impact of Substance Misuse on Family Systems All Staff Levels	Virtual	2 hrs
Jan 21 Thursday	10:30 AM – 1:30 PM	Youth and Family Engagement: From Participation to Partnership Direct Service Staff	In-Person	3 hrs
Jan 28 Thursday	10:00 AM – 12:00 PM	Vicarious Trauma and Fostering Resilience All Staff + Leadership	Virtual	2 hrs
FEBRUARY 2027 · 5 sessions				
Feb 4 Thursday	1:00 PM – 3:00 PM	Trauma and Juvenile Delinquency All Staff Levels	Virtual	2 hrs
Feb 5 Friday	10:00 AM – 12:00 PM	Caring for the Carer: Beyond Self-Care All Staff + Direct-Service	Virtual	2 hrs
Feb 11 Thursday	10:00 AM – 12:00 PM	Building a Trauma-Informed Organization All Staff + Leadership	Virtual	2 hrs
Feb 18 Thursday	10:30 AM – 1:30 PM	Navigating Grief All Staff Levels	In-Person	3 hrs
Feb 26 Friday	9:00 AM – 11:30 AM	The Impact of Trauma on Youth All Staff + Direct-Service	Virtual	2.5 hrs
MARCH 2027 · 5 sessions				
Mar 4 Thursday	1:00 PM – 2:30 PM	Complex Trauma and Human Trafficking All Staff + Direct-Service	Virtual	1.5 hrs
Mar 5 Friday	9:00 AM – 11:00 AM	LGBTQ+ Youth Mental Health & Suicide Prevention All Staff Levels	Virtual	2 hrs
Mar 12 Friday	10:00 AM – 12:00 PM	Intergenerational Trauma and Development All Staff + Direct-Service	Virtual	2 hrs
Mar 18 Thursday	10:30 AM – 1:30 PM	Community Trauma and Resiliency All Staff Levels	In-Person	3 hrs
Mar 25 Thursday	10:00 AM – 12:00 PM	Caring for the Carer: Beyond Self-Care All Staff + Direct-Service	Virtual	2 hrs

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