

Trauma-Informed Care Training Schedule

43 sessions · 14 topics · Virtual & In-Person · July 2026 – March 2027

In partnership with DCFS, ICOY's Resource & Development Team offers the following Trauma-Informed Care training sessions for FY 2027. Use this schedule to identify sessions that work for your team and coordinate registration with your program manager. All sessions require registration — virtual sessions include a Zoom link upon confirmation. Questions or to register: trauma_initiatives@icoyouth.org

☐ Virtual ☐ In-Person (advance registration required)

DATE	TIME	TRAINING TOPIC	MODE	HRS
JULY 2026 · 5 sessions				
Jul 8 Wednesday	10:00 AM – 12:00 PM	De-escalation: A Strengths-Based Approach All Staff Levels	Virtual	2 hrs
Jul 9 Thursday	1:00 PM – 3:00 PM	Poverty and Trauma All Staff + Direct-Service	Virtual	2 hrs
Jul 15 Wednesday	10:00 AM – 12:00 PM	The Impact of Substance Misuse on Family Systems All Staff Levels	Virtual	2 hrs
Jul 17 Friday	1:00 PM – 3:00 PM	Vicarious Trauma and Fostering Resilience All Staff + Leadership	Virtual	2 hrs
Jul 21 Tuesday	9:00 AM – 12:00 PM	Youth & Family Engagement: From Participation to Partnership Direct Service Staff	In-Person	3 hrs
AUGUST 2026 · 4 sessions				
Aug 5 Wednesday	10:00 AM – 12:00 PM	Building a Trauma-Informed Organization All Staff + Leadership	Virtual	2 hrs
Aug 7 Friday	9:00 AM – 12:00 PM	Navigating Grief All Staff Levels · Waukegan, IL	In-Person	3 hrs
Aug 12 Wednesday	1:00 PM – 3:00 PM	Caring for the Carer: Beyond Self-Care All Staff + Direct-Service	Virtual	2 hrs
Aug 14 Friday	10:00 AM – 12:30 PM	Trauma and Juvenile Delinquency All Staff Levels	Virtual	2.5 hrs
SEPTEMBER 2026 · 5 sessions				
Sep 4 Friday	9:00 AM – 12:00 PM	Community Trauma and Resiliency All Staff Levels · Normal, IL	In-Person	3 hrs
Sep 9 Wednesday	10:00 AM – 11:30 AM	Complex Trauma & Human Trafficking All Staff + Direct-Service	Virtual	1.5 hrs
Sep 11 Friday	1:00 PM – 3:00 PM	Intergenerational Trauma and Development All Staff + Direct-Service	Virtual	2 hrs
Sep 16 Wednesday	10:00 AM – 12:00 PM	LGBTQ+ Youth Mental Health & Suicide Prevention All Staff Levels	Virtual	2 hrs
Sep 18 Friday	10:00 AM – 12:30 PM	The Impact of Trauma on Youth All Staff + Direct-Service	Virtual	2.5 hrs

Q2 FY27

October – December 2026 · 14 sessions

☐ Virtual ☐ In-Person

DATE	TIME	TRAINING TOPIC	MODE	HRS
OCTOBER 2026 · 5 sessions				
Oct 7 Wednesday	10:00 AM – 12:00 PM	De-escalation: A Strengths-Based Approach All Staff Levels	Virtual	2 hrs
Oct 8 Thursday	1:00 PM – 3:00 PM	Poverty and Trauma All Staff + Direct-Service	Virtual	2 hrs
Oct 14 Wednesday	10:00 AM – 12:00 PM	The Impact of Substance Misuse on Family Systems All Staff Levels	Virtual	2 hrs
Oct 16 Friday	1:00 PM – 3:00 PM	Vicarious Trauma and Fostering Resilience All Staff + Leadership	Virtual	2 hrs
Oct 20 Tuesday	9:00 AM – 12:00 PM	Youth & Family Engagement: From Participation to Partnership Direct Service Staff · Chicago, IL	In-Person	3 hrs
NOVEMBER 2026 · 5 sessions				
Nov 4 Wednesday	10:00 AM – 12:00 PM	Building a Trauma-Informed Organization All Staff + Leadership	Virtual	2 hrs
Nov 6 Friday	9:00 AM – 12:00 PM	Navigating Grief All Staff Levels · Carbondale	In-Person	3 hrs
Nov 13 Thursday	1:00 PM – 3:00 PM	Caring for the Carer: Beyond Self-Care All Staff + Direct-Service	Virtual	2 hrs
Nov 18 Wednesday	10:00 AM – 12:30 PM	Trauma and Juvenile Delinquency All Staff Levels	Virtual	2.5 hrs
Nov 20 Friday	10:00 AM – 12:30 PM	The Impact of Trauma on Youth All Staff + Direct-Service	Virtual	2.5 hrs
DECEMBER 2026 · 4 sessions				
Dec 4 Friday	9:00 AM – 12:00 PM	Community Trauma and Resiliency All Staff Levels · Peoria, IL	In-Person	3 hrs
Dec 9 Wednesday	10:00 AM – 11:30 AM	Complex Trauma & Human Trafficking All Staff + Direct-Service	Virtual	1.5 hrs
Dec 11 Friday	1:00 PM – 3:00 PM	Intergenerational Trauma and Development All Staff + Direct-Service	Virtual	2 hrs
Dec 16 Wednesday	10:00 AM – 12:00 PM	LGBTQ+ Youth Mental Health & Suicide Prevention All Staff Levels	Virtual	2 hrs

1 To register for any session, email trauma_initiatives@icoyouth.org or contact your program manager. All virtual sessions will include a Zoom link upon registration confirmation. In-person sessions require advance registration — space is limited.

Q3 FY27

January – March 2027 · 15 sessions

☐ Virtual ☐ In-Person

DATE	TIME	TRAINING TOPIC	MODE	HRS
JANUARY 2027 · 5 sessions				
Jan 6 Wednesday	10:00 AM – 12:00 PM	De-escalation: A Strengths-Based Approach All Staff Levels	Virtual	2 hrs
Jan 7 Thursday	1:00 PM – 3:00 PM	Poverty and Trauma All Staff + Direct-Service	Virtual	2 hrs
Jan 13 Wednesday	10:00 AM – 12:00 PM	The Impact of Substance Misuse on Family Systems All Staff Levels	Virtual	2 hrs
Jan 15 Friday	1:00 PM – 3:00 PM	Vicarious Trauma and Fostering Resilience All Staff + Leadership	Virtual	2 hrs
Jan 19 Tuesday	9:00 AM – 12:00 PM	Youth & Family Engagement: From Participation to Partnership Direct Service Staff · Chicago, IL	In-Person	3 hrs
FEBRUARY 2027 · 5 sessions				
Feb 3 Wednesday	10:00 AM – 12:00 PM	Building a Trauma-Informed Organization All Staff + Leadership	Virtual	2 hrs
Feb 5 Friday	9:00 AM – 12:00 PM	Navigating Grief All Staff Levels · Waukegan, IL	In-Person	3 hrs
Feb 10 Wednesday	1:00 PM – 3:00 PM	Caring for the Carer: Beyond Self-Care All Staff + Direct-Service	Virtual	2 hrs
Feb 12 Friday	10:00 AM – 12:30 PM	Trauma and Juvenile Delinquency All Staff Levels	Virtual	2.5 hrs
Feb 17 Wednesday	10:00 AM – 12:30 PM	The Impact of Trauma on Youth All Staff + Direct-Service	Virtual	2.5 hrs
MARCH 2027 · 5 sessions				
Mar 4 Thursday	9:00 AM – 12:00 PM	Community Trauma and Resiliency All Staff Levels · Carbondale, IL	In-Person	3 hrs
Mar 9 Tuesday	1:00 PM – 3:00 PM	Caring for the Carer: Beyond Self-Care All Staff + Direct-Service	Virtual	2 hrs
Mar 11 Thursday	10:00 AM – 11:30 AM	Complex Trauma & Human Trafficking All Staff + Direct-Service	Virtual	1.5 hrs
Mar 16 Tuesday	1:00 PM – 3:00 PM	Intergenerational Trauma and Development All Staff + Direct-Service	Virtual	2 hrs
Mar 18 Thursday	10:00 AM – 12:00 PM	LGBTQ+ Youth Mental Health & Suicide Prevention All Staff Levels	Virtual	2 hrs

1 To register for any session, email trauma_initiatives@icoyouth.org or contact your program manager. All virtual sessions will include a Zoom link upon registration confirmation. In-person sessions require advance registration — space is limited.