

# Illinois Intact Family Recovery (IFR)

## Recovery Coordinator Services

### IFR Program Overview

#### **Intact Family Recovery (IFR) Services**

is a collaborative, cross-systems program that uses partnerships between substance use treatment providers and child welfare agencies to improve outcomes for families with children at risk of out-of-home placement due to a parent's substance use.

The IFR program uses recovery coordinators — specialized case managers whose primary focus is getting parents into substance use treatment and staying in treatment. In IFR, recovery coordinators and child welfare caseworkers work as a team to help families impacted by parental substance use.

## 289 Families

Number of Families Served by Recovery Coordinators in the IFR Program

### Recovery Coordinator Key Functions and Services:

#### **Screening and assessment –**

Conduct initial screenings and arrange comprehensive substance use disorder (SUD) assessments to determine treatment needs.

**Rapid treatment linkage –** Connect parents to substance use treatment services quickly, reducing wait times.

**Education –** Teach parents about substance use treatment options, and recovery strategies.

**Ongoing support –** Support parents throughout their recovery, helping them engage in treatment and address barriers to recovery.

**Relapse prevention –** Monitor parents for relapse and help parents identify triggers and high-risk situations that make them want to use.

**Recovery planning –** Help parents plan for long-term recovery.

**Motivation –** Help parents identify strengths and challenges to stay motivated and build recovery skills.

**Build a recovery network –** Assist parents in finding supportive people that can aid their recovery.

**Transportation assistance –** Provide or coordinate rides to treatment.

**Joint case planning –** Work with child welfare case workers to create service plans that align treatment goals with child welfare goals.

**Joint visits –** Visit parents with the child welfare case worker to maintain consistent support and oversight.



## IFR Evaluation Overview

IFR was tested in two separate program evaluations—Northern Illinois Intact Family Recovery Services (NIL-IFR) and Eastern Illinois Intact Family Recovery Services (EIL-IFR). To understand how well the program supported families affected by parental substance use, the IFR evaluation compared two groups of parents: an intervention group that received child welfare services plus recovery coordinator services, and a comparison group that received child welfare services as usual.

To assess outcomes, IFR clients participated in interviews that asked them about the IFR services they received. Data about parental engagement in substance use treatment were collected through calls with child welfare supervisors and recovery coordinators.

Parents who worked with a recovery coordinator were more likely to **complete a SUD assessment** – an important step towards treatment!



Parents who worked with a recovery coordinator were more likely to **complete SUD treatment**.



Across all interview time points, IFR clients who worked with recovery coordinators reported that they were **connected to substance use treatment services**.

