



## About CARES

CARES (Collaborative Approaches to Resilience, Education, and Support) prioritizes understanding and responding to the impact of trauma on individuals and communities. This foundation not only informs our partnerships but also shapes our trainings and capacity-building efforts.

### C: Collaborative

- At ICOY, collaboration means building bridges between people, organizations, and systems to create shared solutions and work toward mutually beneficial futures.

### A: Approaches to

- We all hold our own experiences that shape the expertise we bring to the table, so we invite everyone to pull up a chair, because we can't do what we do without YOU!

### R: Resilience,

- Resilience means more than having the strength to simply survive trauma—our services normalize the healing process as an integral part of Trauma-Informed Care.

### E: Education, and

- The most sustainable and impactful changes are made at the community level. We're committed to partnering with and empowering communities to break down barriers to learning and resource sharing.

### S: Support

- While providing quality technical assistance and capacity-building services is a priority, our role does not stop there. We're committed to supporting the continued growth of our clients, because Trauma-Informed Care is a journey, not a destination.



Illinois  
Collaboration  
on Youth

Partnering to build brighter futures

## Mission & Values

### Mission

ICOY CARES aims to uplift champions of Trauma-Informed Care. Through partnerships rooted in collective care, we support individuals and organizations in their commitment to education, capacity building, and organizational change to emerge as trauma-informed leaders in their fields and communities.

### Values

ICOY's Trauma Team envisions Collaborative Approaches to Resilience, Education, and Support (CARES). We strive to ensure the work and its impact are sustainable through the implementation of Trauma-Informed Care principles into the practices and frameworks for organizational staff and their clients. Together, we can better serve organizations to support and empower communities and create empathetic systems.