



CBAT-O Live Demonstration

FY26



Partnering to build brighter futures

Agenda

Background Information

Purpose of Assessment

Participation and Engagement

Updates and Review Assessment on Typeform

See live examples of CBAT-O questions

Q & A

LOOKING FOR MORE INFORMATION ABOUT THE CBAT-O?

1

START WITH REVIEWING OUR CBAT-O WEBSITE

Our website has all of the information you might need/want in regard to the CBAT-O. It also houses our resource library and important links.

2

WATCH THE VIDEO SERIES ALL ABOUT THE CBAT-O

These videos give a brief but descriptive overview and understanding of the process and components of the assement along with it's purpose

3

READ THROUGH THE INFORMATIONAL GUIDE

Our CBAT-O guide is an in-depth resource that conveys information in another format instead of video.

4

BOOK AN OFFICE HOUR WITH OUR CBAT-O LEAD

You are always invited and encouraged to sign-up for an office hour to ask any unanswered questions or concerns you may have about the process or expectations!

Purpose of the CBAT-O

1 To help organizations assess their ability to provide trauma-informed services

2 To identify organization's strengths in trauma-informed care

3 To identify organization's areas of growth in trauma-informed care

CBAT-O Website Page



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CBAT-O

The **Capacity Building Assessment Tool for Organizations (CBAT-O)** was developed over a decade ago through a Substance Abuse and Mental Health Services Administration (SAMHSA) grant to help agencies become more trauma-informed.

IDHS has contracted with ICOY to assess, train, and work with the Department's youth services program providers to build trauma capacity. The Department's goal is to have 100% funded youth services providers achieving and maintaining a "Trauma Informed" status. **All IDHS funded sites are expected to participate in the CBAT-O** trauma assessment, training opportunities, and suggested action plans, if determined necessary. **Sites will not be penalized for their responses or the scores** that result from the accuracy of the responses. However, **all IDHS sites are expected to have a minimum of 80% participation across all staff levels**. The expectation is for all sites to experience growth in their delivery of trauma informed services.

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Participation & Engagement

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Participation Expectations

IDHS and ICOY expect that the total number of completed assessments from each agency should equate to a minimum of **80% of the total staff who are funded through one or multiple IDHS programs. The total should also reflect the various levels of participation from Direct Service to Senior Leadership.**

Organization of 5 staff



Organization of 10 staff



Organization of 15 staff



Organization of 40+ staff

32+ IDHS-funded staff

Staff Levels:

Direct Service
Non-Direct Service
Director

Supervisor
Senior Leadership



Who Should Take the Assessment?

Direct-Service (e.g. clinician, case manager, lead teacher)

Non-Direct Service (e.g. office coordinator, grant writer, administrative, communications)

Supervisors (e.g. case manager supervisor, clinical supervisor, residential supervisor)

Directors (e.g. program director, director of training & professional development, director of residential services)

Senior Leadership (e.g. ED/CEO, CFO, VP)



Assessment Categories

- Trauma Sensitive Environment Checklist
-
- Organization Structure
 - Policies and Procedures
 - Supervisor Practice and Support
 - Staff Practice
 - Leadership
 - Training
 - Cultural Historical, Gender Identity, and Sexuality Responsiveness
 - Community Leadership



CBAT-O Typeform & FY26 Updates



FY26 CBAT-O Updates

- We have created a 3-part video series to provide a quick and comprehensive overview of the CBAT-O process.
- We have expanded our FAQ's to cover a broader array of questions.
- Please also review our updated resource library where you will find any one-pager checklists and more!
- If your organization would like to connect 1-1 regarding any CBAT-O updates or requirements, please reach out to our team at trauma_initiatives@icoyouth.org or register for a 15 min office hour session <https://calendly.com/d/csys-x4t-w57/fy26-cbat-o-office-hours>

CBAT-O Welcome Page



NOTE:

On October 1, the link will become available.

When accessing the link, know you might have to use a different browser if you are having difficulty opening the assessment

Email: Pearl McRae at pmcrae@icoyouth.org if you encounter any technical issues or cannot access assessment.



Welcome! Thank you for participating in ICOY's Trauma-Informed Capacity Building Assessment Tool for Organizations!

This assessment will support ICOY in determining your organization's areas of strengths and growths in trauma-informed care.

The assessment will begin with a Trauma-Sensitive Environment checklist and then moves into multiple choice questions divided into 8 categories.

If you have any questions about this assessment, please reach out to our Trauma Initiatives team at trauma_initiatives@icoyouth.org.

Start



Typeform Continued

1 → Please select the name of the organization you work for from the list below. *

Please note: The list is in alphabetical order. If you do not see your organization listed, please contact Pearl McRae at pmcrae@icoyouth.org with the full name of your organization and IDHS program. If your organization is subcontracted to provide services with another service provider, you should select that organization from this list.

Type or select an option



[Edit choices](#)

205 options in list

- Agency names are listed in alphabetical order. It is a drop-down menu.
- Please email us if any information needs to be corrected or if you cannot find your organization name.

Selecting IDHS Programs

3 → **IDHS Services Provided** (Please select the IDHS progra...

If you are not part of any of these programs, you are able to select "None of the Above"

Choose as many as you like

- ☐ A Illinois Youth Investment Program (IYIP)
- ☐ B Comprehensive Community Based Youth Services (CCBYS)
- ☐ C Community Youth Services (CYS)
- ☐ D Homeless Youth
- ☐ E Reimagine Public Safety Act (RPSA)
- ☐ F Redeploy Illinois
- ☐ G Teen REACH
- ☐ H Illinois Juvenile Justice Commission (IJJC)
- ☐ I None of the Above



- There is an option to select “None of the Above” for staff who are not directly working under a IDHS funded program.

Trauma Sensitive Environment Checklist

5 → **Trauma Sensitive Environment for Youth/Families/Cl...**
a **Welcome/ Reception Area** Consider: Are those waiting i...

Select all that apply:

Please note "client/s" refer to the population you serve (i.e. youth, families, community members etc.)

Choose as many as you like

- ☐ A Welcoming/Reception/Front Desk staff has been trained regarding people with trauma.
- ☐ B Everyone entering the office/program space is greeted.
- ☐ C Information taken from clients is kept in confidence.
- ☐ D The program staff are on-time with clients.
- ☐ E Clients are greeted by staff using calm voice tones and appropriate eye contact.
- ☐ F The welcome/reception/front desk area and program space reflects/takes

- This section is a check list, check all statements that apply to your agency/site.

CBAT-O Multiple Choice

Capacity Building Assessment Tool - Multiple Choice

The next section consists of eight areas for assessing trauma-informed care in an organization. For each question in each section, you will determine if the item is “not present” “emerging” or “present.” We have provided examples for each category, please remember that all examples are not specific milestones, they are examples of how to decide which is the most appropriate option. All questions will require an answer, for a select number of questions there will be a "Not Applicable" answer choice.

Please note "client/s" refer to the population you serve (i.e. youth, families, community members etc.)

For the purposes of this assessment, "agency" and "organization" are used interchangeably to refer to the specific group or entity that the staff members are part of, such as a company, nonprofit, or government body.

Continue

press Enter ↵

- Please take some time to think through the statements and answers choices. For a select number of questions there is now a “Not Applicable” option.





Non-Applicable FAQ

NON-APPLICABLE FAQ

WHY WAS IT ADDED?

In implementing the "not applicable" option, our intention was to provide a more accurate representation of organizations' services by acknowledging areas that may not be applicable to certain providers or are not part of their organizational structure.

IS IT AN OPTION FOR ALL CBAT-O QUESTIONS?

No. There are only a select amount of questions that offer the 'NA' answer choice. However, this is something that will be adapted and looked at for the coming fiscal years.

WILL IT AFFECT MY OVERALL SCORE?

It's important to note that the "not applicable" option carries the same point value as "not present" within the scoring system. The inclusion of this option aims to differentiate sections where scores may be lower due to their lack of applicability to specific organizations, as indicated in the footnotes of each section. While we recognize that the "not present" and "not applicable" answer choices hold the same point value, the purpose of the footnote is to support in understanding and explaining the reasoning behind a lower scored section, and it is the responsibility of those reviewing the report to account for that.



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CBAT-O Assessment Sample Questions

Multiple Choice Walkthrough

6 → Organization Structure

b. Organization has plans to sustain trauma-informed service delivery.*

A. Not Present – There is no plan for sustainability of trauma-informed service delivery.

B. Emerging – Every new staff gets trained in trauma-informed service delivery.

C. Present – Every new staff gets trained in trauma-informed services delivery. There is an annual refresher for staff on trauma-informed practiced. Supervision of all staff includes check- ins on trauma-informed practices.

☐ A Not Present

☐ B Emerging

☒ C Present



Comments Section

6 → Organization Structure

- e. Please share any additional information regarding your organization's structure:

Type your answer here...

Shift ⬆ + Enter ↵ to make a line break

OK ✓



- We highly encourage comments to further expand on your thoughts. Comments are anonymous.

Multiple Choice with Not Applicable

9g →

9 → Staff Practice

Clinical staff use an evidence-based, trauma-informed screening and/or assessment tools for all clients. *

A. Not Present – Our policy does not dictate an evidence-base, trauma-informed screening and/or assessment tool.

B. Emerging – Our policy requires that clinical staff use an evidence-based, trauma-informed screening and/or assessment tool for clients.

C. Present – Our policy requires that staff use an evidence based, trauma-informed screening and, or assessment tool for clients, and staff are using the tool with fidelity. Programming is informed by the results of this screening/assessment.

D. Not Applicable - This statement or question does not apply to our organization's services/structure.

A Not Present

CBAT-O Pre-Assessment Checklist

CBAT-O Pre-Assessment Guide

- ☐ Subscribe to our CBAT-O Newsletters
- ☐ **Submit your organization's main point of contact via the CBAT-O form**
- ☐ Share the CBAT-O Informational Guide with staff to familiarize with purpose of assessment and expectations
- ☐ CBAT-O Opens on October 1st, 2025
- ☐ Attend upcoming CBAT-O informational sessions and live demonstrations
- ☐ Register for CBAT-O office hours

TRAUMA INITIATIVES TIMELINE

Monthly Overview



- **CBAT-O Contact List:**

<https://icoyouth.typeform.com/to/SY8BUq92?typeform-source=mailchi.mp>



- **Upcoming Live Demonstration**

[September 23rd from 1:00PM – 2:00PM](#)

[October 7th from 10:00AM – 11:00AM](#)



Contact Information

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