

FY26 Trauma-Informed Care Curriculum Checklist- Teen REACH

Overview:

In partnership with IDHS, the Training & Trauma Initiatives Team has put together a checklist to highlight this fiscal year's Trauma-Informed Care expectations for IDHS funded sites and organizations.

If you have any questions about any of the information below, please reach out to ICOY's Training & Trauma Initiatives Team at trauma_initiatives@icoyouth.org. We wish you a year filled with success and joy!

Requirements for Teen REACH:

☐ **Complete the Capacity Building Assessment Tool for Organizations (CBAT-O)** *(Assessment available starting October 1, 2025)*

IDHS has contracted with ICOY to assess, train, and work with the Department's youth services program providers to build trauma capacity. The Department's goal is to have 100% funded youth services providers achieving and maintaining a "Trauma-Informed" status. All IDHS funded sites are expected to participate in the CBAT-O trauma assessment, training opportunities, and suggested action plans, if determined necessary. Sites will not be penalized for their responses or the scores that result from the accuracy of the responses. **However, all IDHS sites are expected to have a minimum of 80% participation across all staff levels.** The expectation is for all sites to experience growth in their delivery of trauma-informed services.

- *Service providers are encouraged to attend our CBAT-O webinars and events throughout the fiscal year.*

☐ **Attend a total of 4 (any format virtual or in-person) Trauma-Informed Care Trainings; you may choose from any of the topics listed below:**

- Building a Trauma-Informed Organization
- Community Trauma and Resiliency
- Culture and Trauma
- Developmental Trauma and Maternal Stress
- Engaged and Empowered: Fundamentals to Trauma-Informed Youth Engagement
- Resisting Vicarious Trauma: Building Resilience and Collective Care in the Workplace
- The Intersection of LGBTQ+ Identity and Systems
- The Impact of Trauma on Youth
- Train the Trainer: Trauma-Informed Supervision for Supervisors
- Trauma and Grief
- Trauma and Juvenile Delinquency
- Trauma-Informed De-Escalation
- Trauma-Informed Supervision for Supervisors

If you have any questions, including those pertaining to what trainings your organization should attend, please email:

The ICOY Training & Trauma Initiatives Team
trauma_initiatives@icoyouth.org



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