



FY21 ICOY Trauma Training Inventory

Please note: In light of COVID-19 and shelter-in-place orders, all in-person trainings are now available as 2-3 hour web-based trainings. Virtual trainings are available for up to 50 attendees. Webinar training costs include a link to the recording of the training which will be provided after the completion of the training. For web-based trainings, continuing education units (CEUs) and certificates will only be provided for individuals who complete the training live. The cost of ICOY web-based trainings is as follows:

- **General Cost:** \$200 per hour of training + \$150 for pre and post work (including CEUs, certificates)
- **Member Cost:** \$150 per hour of training + \$150 for pre and post work (including CEUs, certificates)

Trauma Trainings

Training Title	Summary	In-Person Trainings		
		Hours	Cost	Member Cost
Impact of Trauma on Youth	Understanding the impact of trauma on the development of the brain and learning response strategies to build resilient youth and families. The trainers will cover adolescent development, childhood trauma, and resilience & recovery.	6	\$1300	\$900
Vicarious Trauma	This training addresses trauma and its impact on those in caring professions. Participants will discuss the “caring traumas” and learn how to identify and address the signs and symptoms of each. Additionally, participants will contextualize these concepts by examining the systemic issues that can contribute to them. Finally, participants will learn about ways to address trauma and promote individual and organizational self-care.	3	\$750	\$500
Culture & Trauma	Trauma has context. That context oftentimes has cultural and historical roots. This training will explore the relationship between trauma and culture by looking specifically at populations who are at high risk for experiencing trauma. Participants will also learn about the ways power and oppression impact trauma and access to resources. Lastly, participants will learn about the resilience and protective factors this communities have built to combat trauma.	3	\$750	\$500

Trauma-Informed Supervision	Designed for anyone who operates in a leadership/management capacity, this training helps professionals learn how to effectively manage and relate to individuals they supervise. Participants will learn to provide trauma informed supervision by learning about the way trauma can impact staff and recognizing signs of compassion fatigue and vicarious trauma.	3	\$750	\$500
Organizational Values and Trauma Informed Care	In this training, organizations will examine the way trauma-informed care fits into their organization values, structure, and policies and practices. Participants will learn to create an organizational environment that supports program participants and staff alike.	3	\$750	\$500
Building a Network of Care	This training will help participants see their agency as a part of a larger community. Participants will learn how to connect to and support the community to reduce the duplication of services and create continuums of care.	3	\$750	\$500
COVID-19 & Trauma	This training will explore the impact of the COVID-19 pandemic on individuals and communities. Participants will learn ways to discuss the psychological and emotional impact of this crisis as it relates to our daily lives. In recognizing the ongoing traumatic impact of COVID-19, facilitators will share resources that support healthy individual coping mechanisms and self-care. Participants will also have an opportunity to process the systemic impact of COVID-19 especially as it relates to already marginalized populations such as communities of color, undocumented immigrants, unhoused people, and disabled individuals. Lastly, participants will learn about the mutual aid networks and resource sharing channels communities have built to support collective care.	**See webinar-based prices listed above		
Building a Trauma Informed Remote Work Culture	How can we keep open lines of communication now that everyone is working remotely? How can we support staff in the balance between work and their personal lives now that the lines are blurred? This training will explore ways to integrate trauma informed practices and principles into building a trauma-informed remote working environment. Attendees will conceptualize the traumatic impact of COVID-19, oppressive structures and inequities, as well as the “new normal” on staff and their day-to-day lives. Participants will also explore how to use the Six Trauma Informed Principles to create emotionally and physically safe workspaces for their staff.	**See webinar-based prices listed above		